



# MIP Carer Resources Connect (MIP CRC) Questionnaire Survey 2020

## Background of MIP CRC

MIPCRC is a charitable organization founded in 2018. It is the first initiative in Hong Kong to centralize resources and information related to the care of mentally-incapacitated persons (MIP) from various community sectors, including social welfare/caregivers/legal/medical/finance/education.

## Survey Purpose

MIPCRC has appointed Mansfield Consulting Limited to conduct an online questionnaire survey with the aim to capture the public understanding and attitude towards (1) “mental-capacity” and (2) “3 instruments of peace”.

We hope to promote public awareness of “mental-capacity” related issues, so to facilitate people to better their preparation for healthcare & financial planning, and to protect their beloved family members.

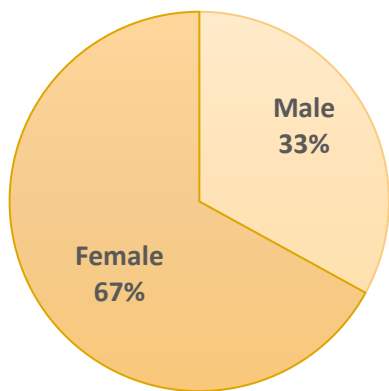
## Survey Method

This was a cross-sectional survey by a 34-item, bilingual, self-rated online questionnaire designed by the expert panel of MIPCRC and Mansfield Consulting Limited during the period of July-September 2020.

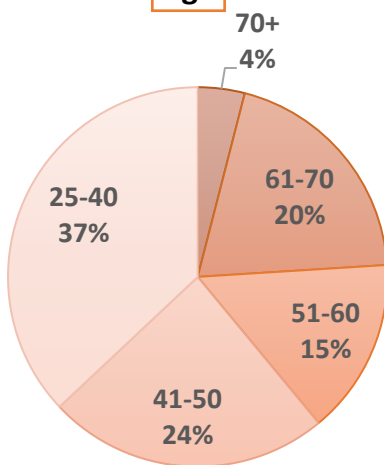
Stratified sampling method was adopted: (1) 300 respondents, aged 25-50, were recruited from public by email; (2) 346 respondents were recruited from NGOs (including caregivers of MIPs and persons aged above 50). **646 completed questionnaires were collected.**

**Demographic data**  
(Total number of respondents: 646)

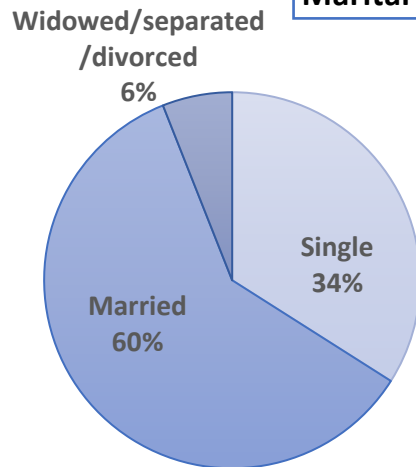
**Gender**



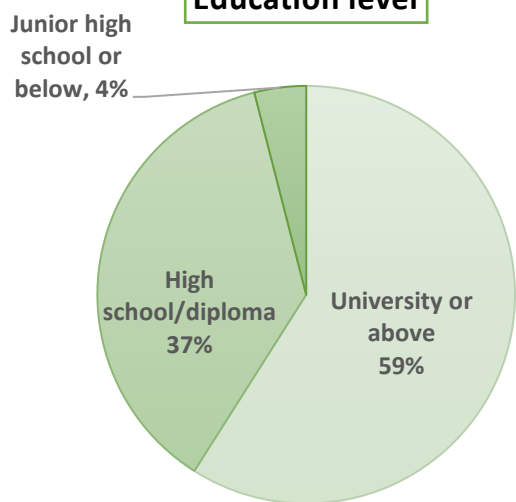
**Age**



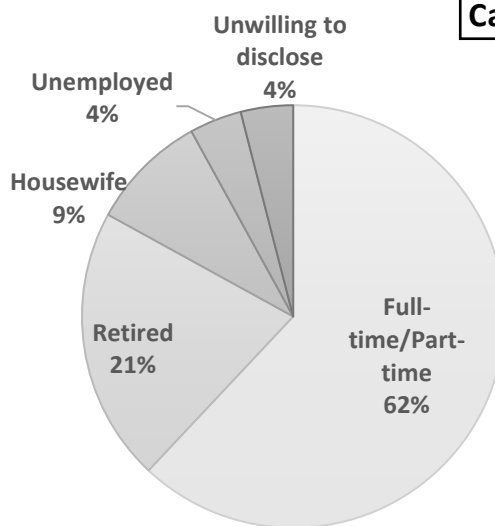
**Marital status**



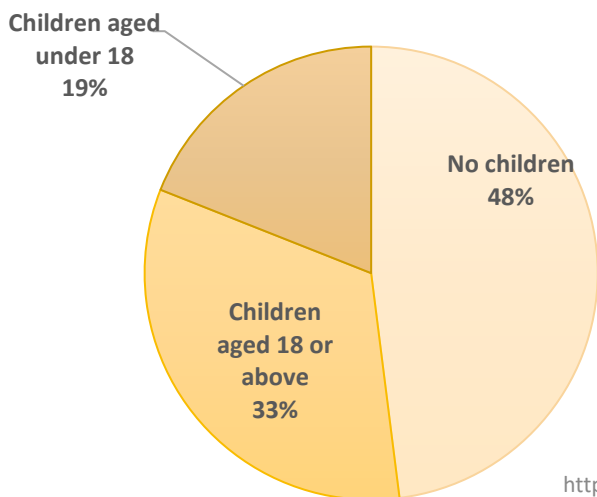
**Education level**



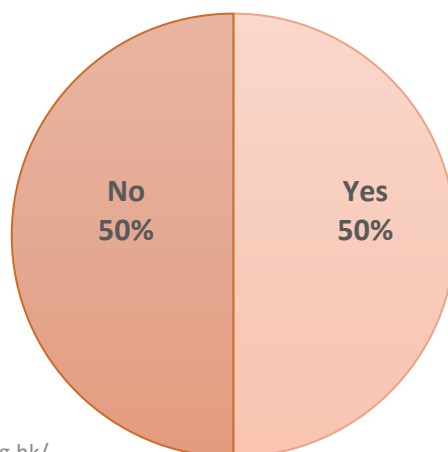
**Career**



**Status of children**

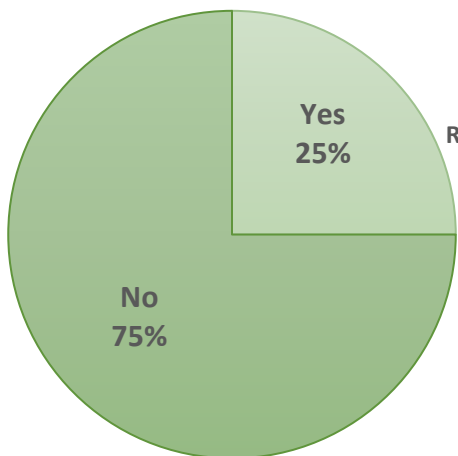


**Taking care of parents over 65**



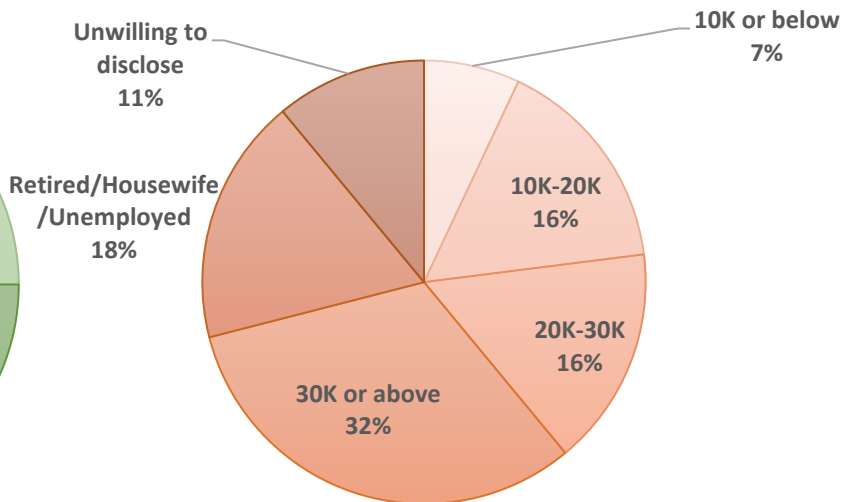
**Demographic data**  
(Total number of respondents: 646)

**Chronic illness(es)**



Chronic illnesses: high blood pressure/heart disease /stroke /cancer /chronic respiratory disease /chronic renal failure /diabetes /mental illness, etc.

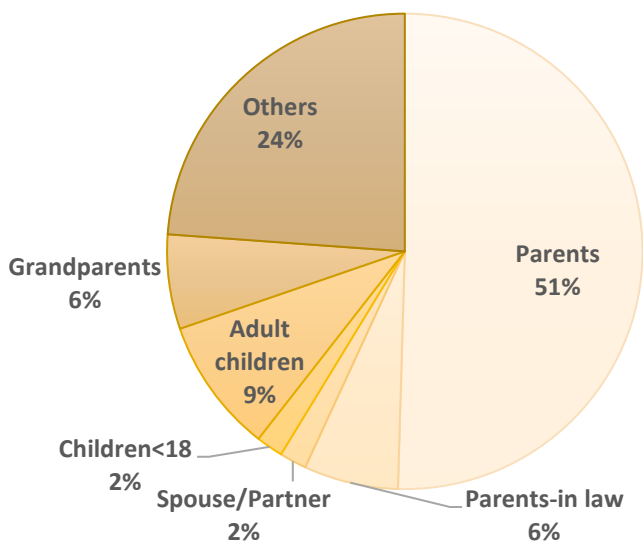
**Monthly personal income (HKD)**



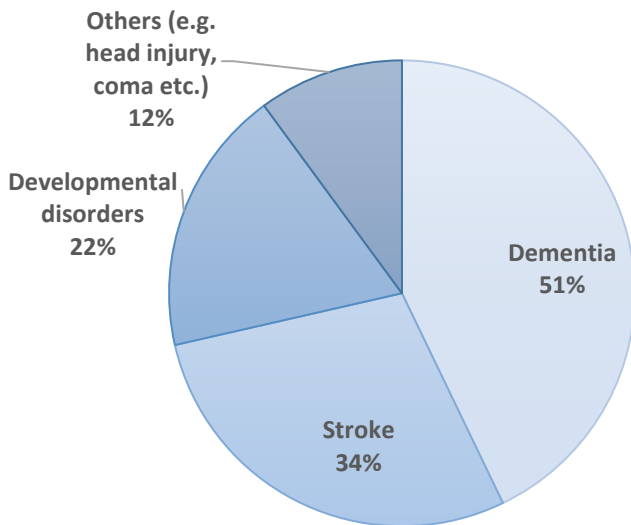
45% of respondents are the breadwinner of the family

33% of respondents (n=213) have taken care of family member(s) who are MIP

**Relationship with the MIP(s)**

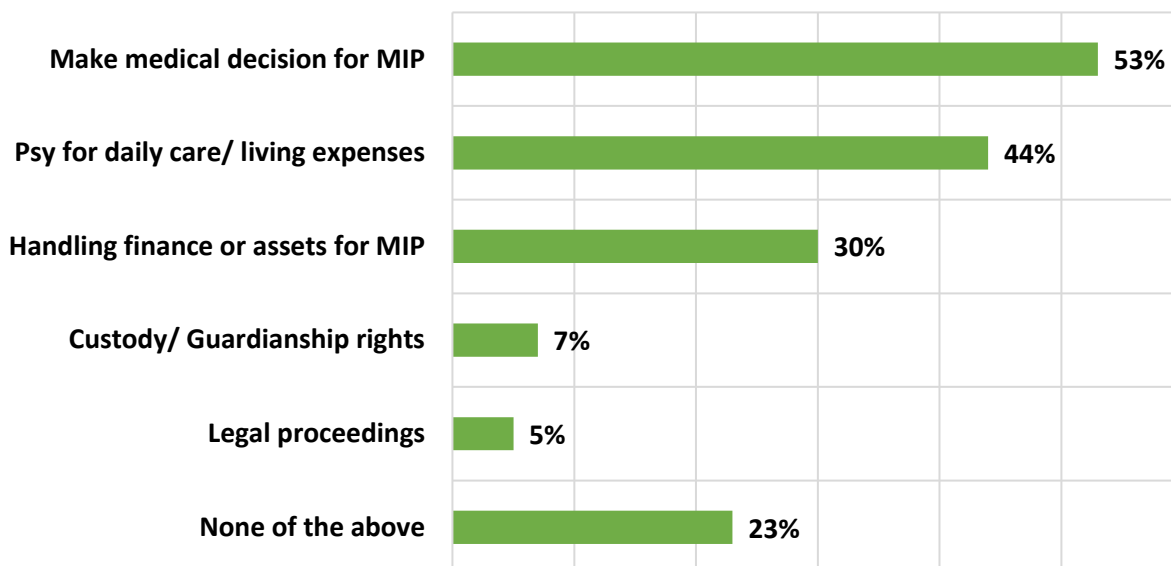


**Cause(s) of mental incapacity**

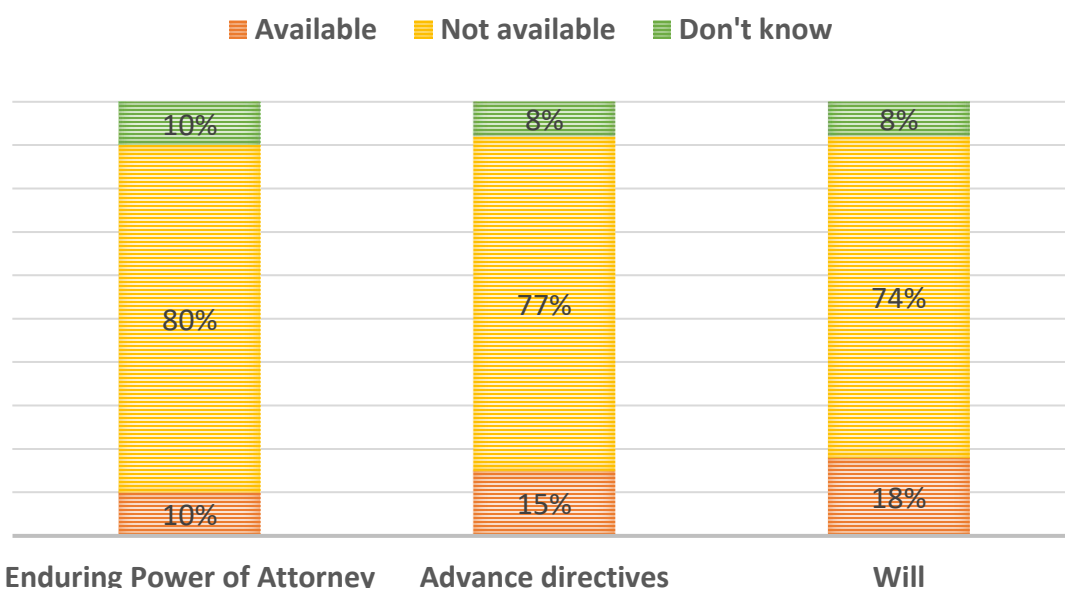


When looking after family member(s) who is a MIP (n=213)...

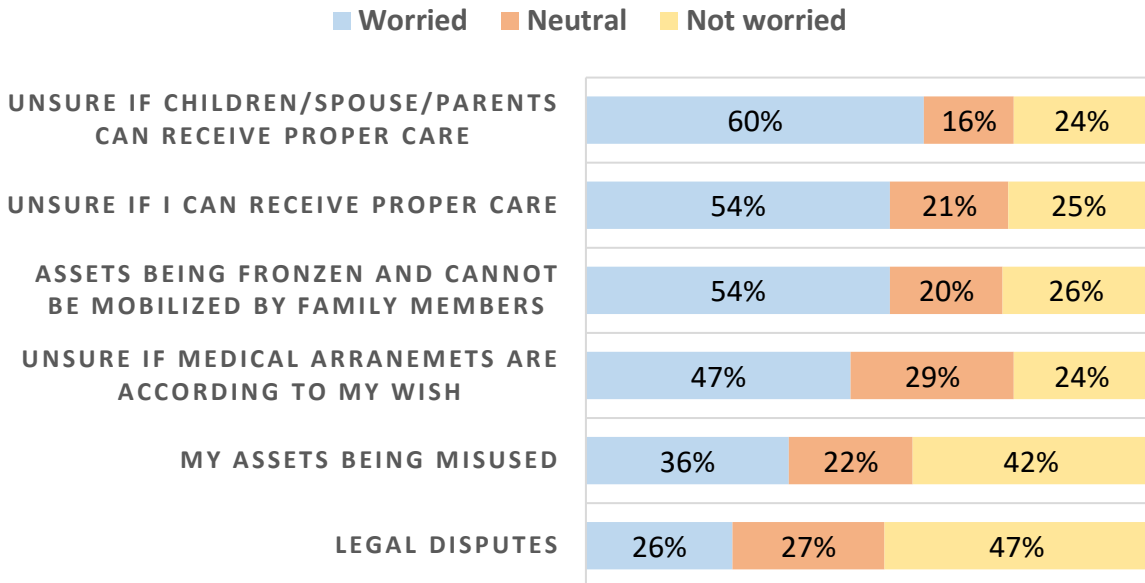
The respondents are most concerned about... (may choose more than one items)



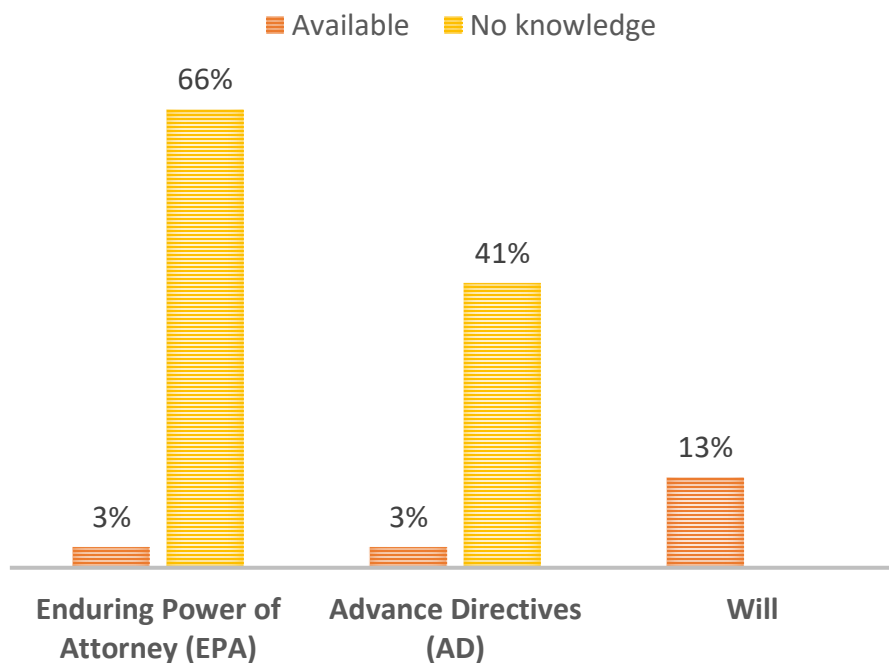
Among the family members who is a MIP, has he/she made the following arrangement?



**One day if I become a MIP, how worried I am about... (n=646)**  
 (84% of respondents have thought about one day they may suddenly become a MIP)



**Among the respondents (n=646), their knowledge about and the execution rate of “3 instruments of peace”**



### 3 instruments of peace (Enduring power of attorney, Advance directives & Will)

The following information is provided in the Questionnaire:

#### **Enduring Power of Attorney (EPA)**

EPA is a legal document that allows the donor to appoint an attorney when he/she is mentally capable, so that the attorney can take care of his/her financial matters when the donor becomes mentally incapacitated in the future.

#### **Advance Directives (AD)**

AD is a legal document that you sign in advance to inform the doctor treating you (in the event you become terminally ill and cannot make medical decision) that you do not want any life-sustaining treatment to prolong your life. Through AD, people can clearly express their wishes to medical staff and family members.

#### **Will**

A will is a legal document that specifies how a person's assets will be distributed after death. Anyone who has reached the age of 18 and with corresponding mental capacity is capable of making a will.

With the benefit of making a will, the testator can:

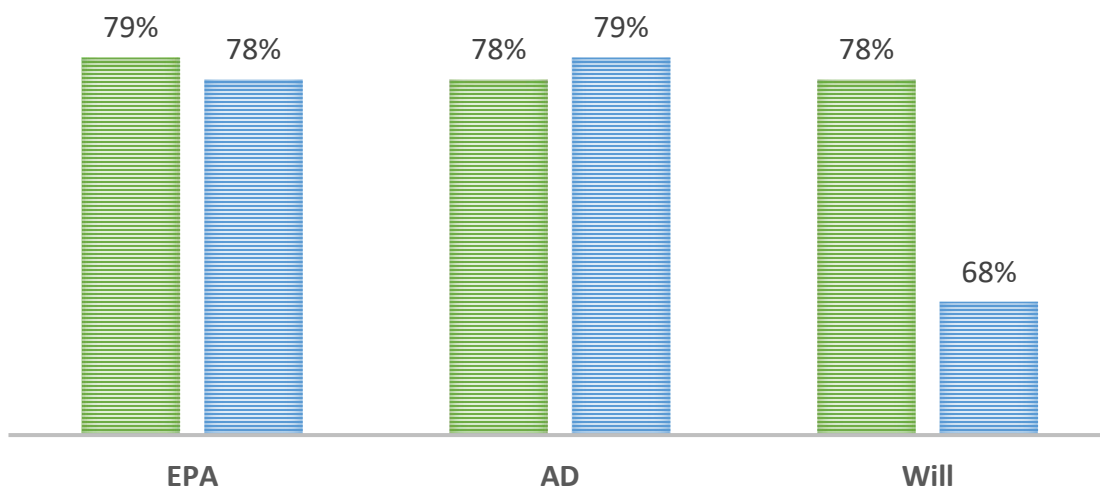
- Decide how to distribute his/her estate to loved ones, rather than according to the intestate inheritance law
- Leaving certain assets to people who are not related to them e.g. friends and charities
- Appoint one or several executors to manage and distribute the relevant assets

**After reading the above information about "3 instruments of peace" ...**

#### RESPONDENTS' ATTITUDE TOWARDS THE 3 LEGAL INSTRUMENTS

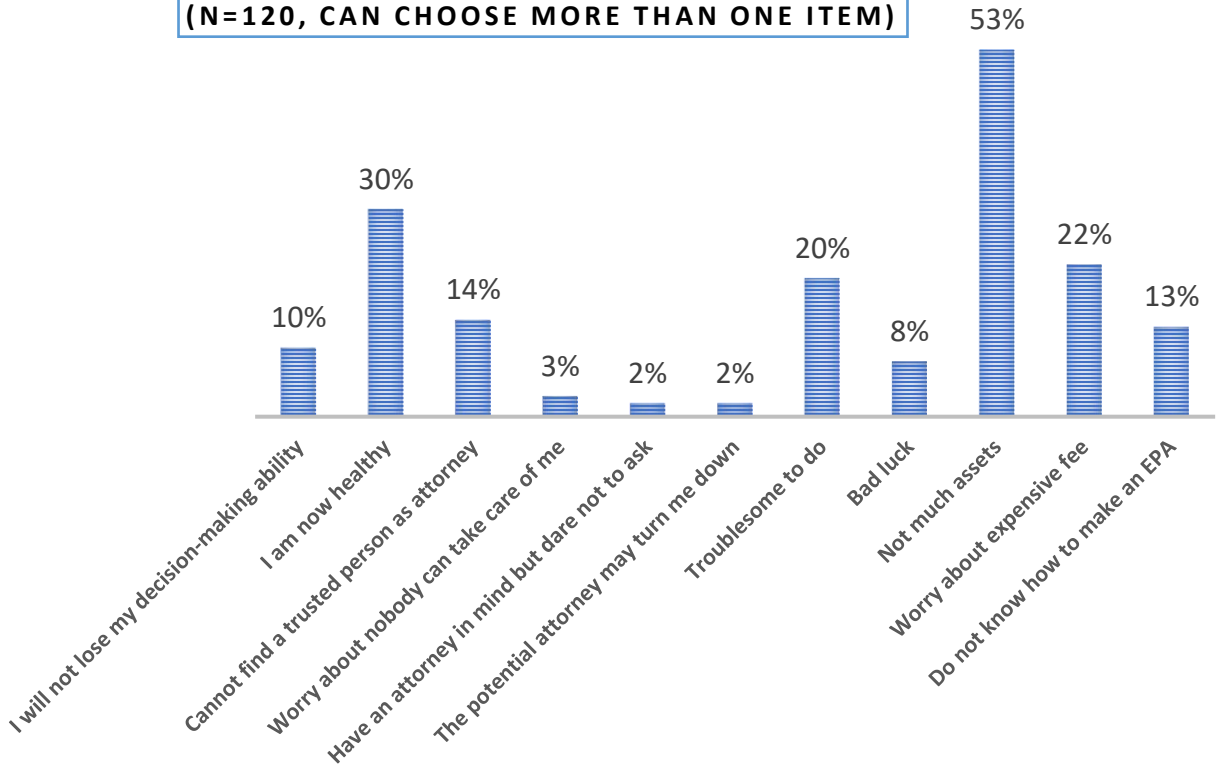
■ Agree with "accidents & sicknesses are unpredictable, so all adults should make EPA/AD/Will for themselves while they are healthy"

■ Will consider to make EPA/AD/Will

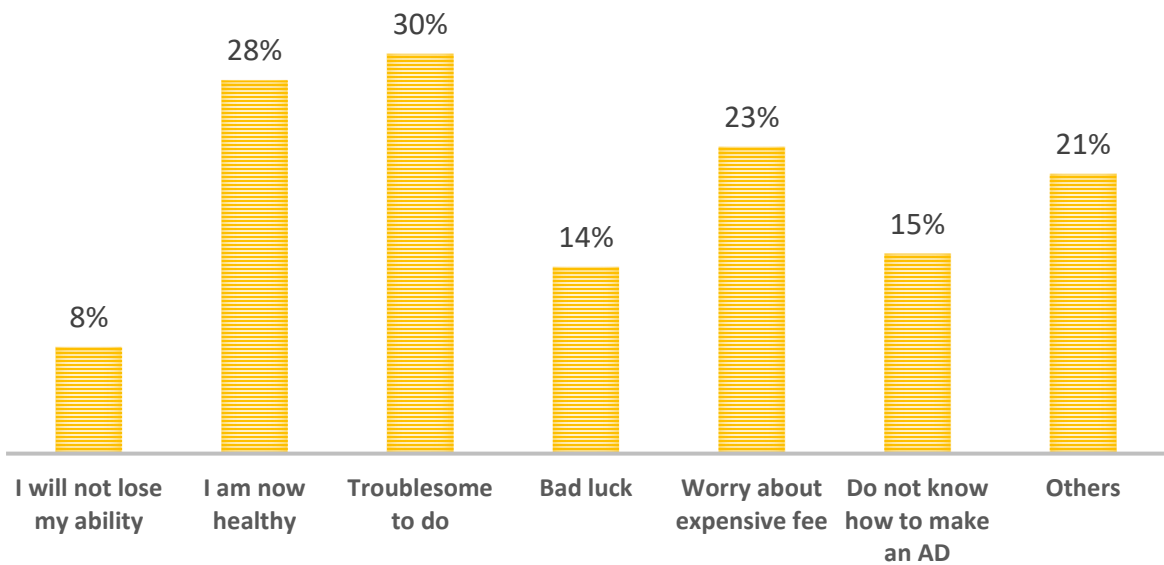


**Reasons for NOT considering to make the “3 instruments of peace”**

**ENDURING POWER OF ATTORNEY  
(N=120, CAN CHOOSE MORE THAN ONE ITEM)**

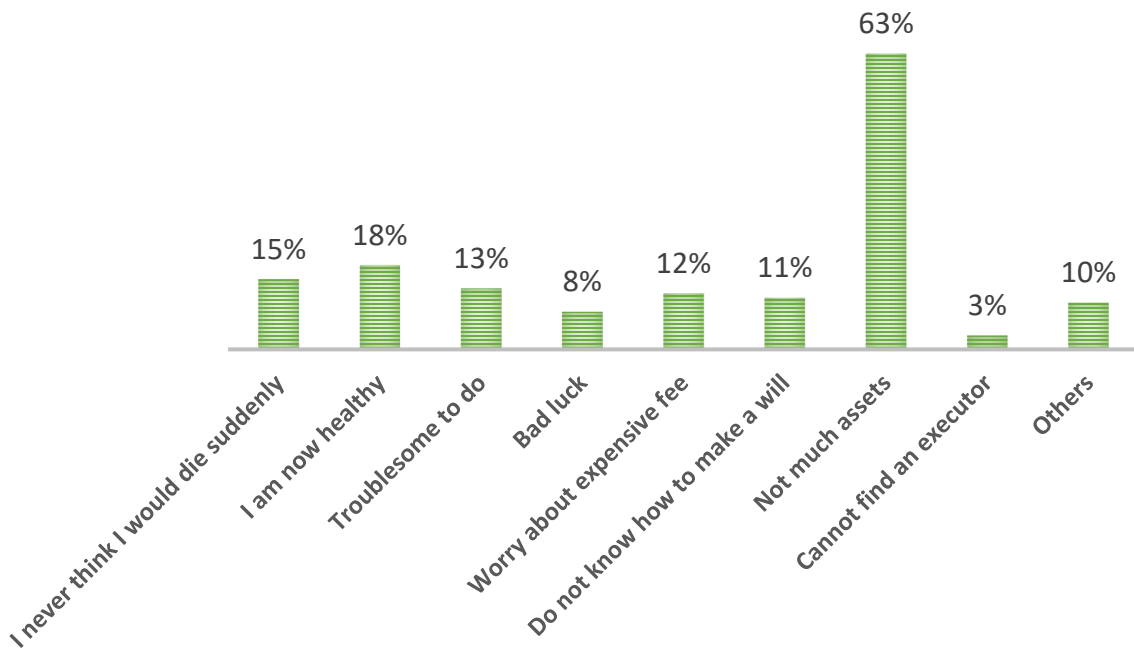


**ADVANCE DIRECTIVES  
(N=117, CAN CHOOSE MORE THAN 1 ITEM)**

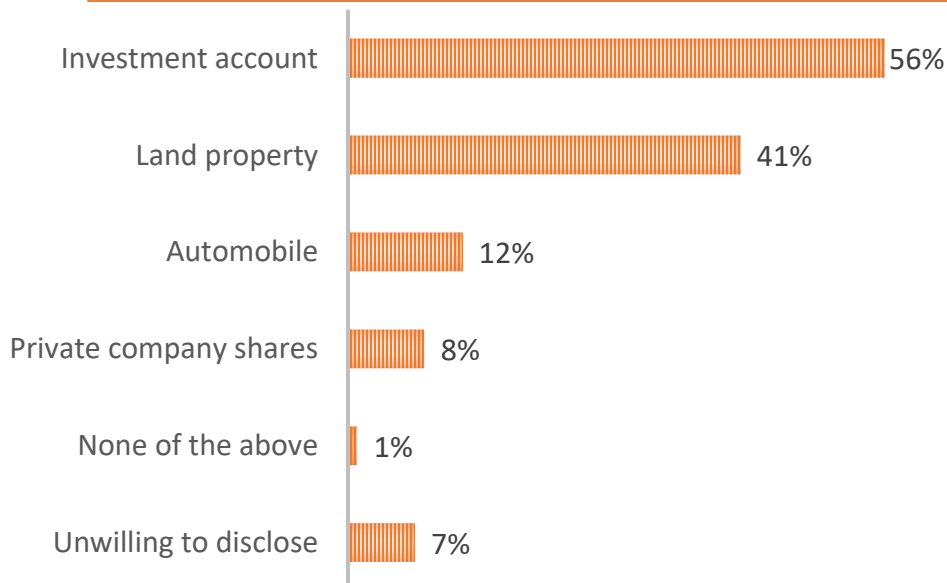


**Reasons for NOT considering to make the “3 instruments of peace”**

**WILL**  
**(N=120, CAN CHOOSE MORE THAN 1 ITEM)**



**Assets of Respondents**  
**(Accounts or assets under the name of respondents)**







# Conclusion



- ❖ Among the MIPs, less than 20% have made any one of the “3 instruments of peace” (i.e. enduring power of attorney, advance directives & will).
- ❖ Without the “3 instruments of peace”, the family caregivers are concerned about (1) making medical decision (53%), (2) paying for daily care and living expenses (44%), and (3) handling finance (30%) on behalf of the MIP.
- ❖ Even though ~80% respondents have thought about the risk of losing decision-making capacity due to illness/accident, only the minority have prepared for such by making the “3 instruments of peace”. The main reason is the lack of knowledge: 66% and 41% of respondents have not heard about EPA and AD respectively.
- ❖ After learning the indications of the “3 instruments of peace”, 70-80% respondents will consider to make the legal documents accordingly.