

MIP CARE RESOURCES CONNECT

2020-2021



Mind Inspire Progress

Connect Resources

Support for Carers

Prepare for Active Ageing



TABLE OF CONTENTS

- 1.** About MIPCRC
- 2.** Message From Our Chairman
- 3.** Connections and Collaborations
- 4.** Surveys and Upcoming Project
- 5.** Publication and Press Release
- 6.** Activities in 2020-21



MIP Care Resources Connect (MIPCRC) is Hong Kong's first charitable organization focusing on the needs of mentally incapacitated persons or persons without decision-making ability.

Incorporated in 2018, our aim is to provide centralized information and support to caregivers of special needs persons, in particular, the elderly and persons who have lost their decision-making ability. We hope to help family members and caregivers navigate through existing resources in both government and private sectors.

We also hope to raise public awareness on how to protect vulnerable persons in our community, as well as preparing ourselves for active ageing when we are mentally competent to do so.

ABOUT MIPCRC



MIPCRC AMBASSADOR TERESA MO AND ALL FOUNDING MEMBERS



MESSAGE FROM OUR CHAIRMAN



Our Patrons : Judy Leung (L1), Wendy Kwok (R2), Agnes Lee (R1)



Ms Hazel Wong speaking at Wings HK's 10th Anniversary Talk, 18 Aug 2021



Dr Jess Leung speaking at Wings HK's 10th Anniversary Talk, 30 Jan 2021



Ms Sherlynn Chan speaking at "Advance Directives Across Asia" Workshop hosted by CMEL of HKU, 2 Oct 2020



MIPCRC Symposium 2020

Welcome to Our Patrons

I would like to express a warm welcome to our three distinguished patrons, Mrs. Wendy Kwok, Mrs. Agnes Lee, and Mrs. Judy Leung. We are so honored and grateful for their support and we look forward to working together in promoting our cause for the benefit of the community.

A Year In Review

2020- 2021 has been a year of challenge in many ways. We are pleased to report that despite the global pandemic and often unpredictable social distancing measures, MIPCRC was able to conduct over 20 hybrid seminars/webinars reaching **5,000 people** (including 820 from the legal field, 400 from the medical field, 170 from the financial sector and over 3900 from the general public) involving other NGOs, various government departments, educational and banking institutions.

The hybrid symposium with the theme "Legal, Financial and Medical Perspective on Mental Capacity" was held on 27 October 2020 at the Shouson Theatre and graced by an interview with renowned actress Ms. Teresa Mo as our ambassador. This event attracted over 400 participants and the press. With The Hon. Mr. Bernard Chan, Chairperson of the Hong Kong Council of Social Service as our guest of honor and many distinguished speakers and guests from the legal, medical, financial, and social welfare sectors, the symposium was indeed a **highlight** for the year.

SHERLYNN G CHAN

CHAIRMAN OF THE GENERAL COMMITTEE
MIP CARE RESOURCES CONNECT

CONNECTIONS AND COLLABORATIONS



The keyword of our charity is **CONNECT**. Whilst MIPCRC does not provide any clinical services, we do provide education, training, and collaboration opportunities with other organizations and serve as an **information hub** and platform to a comprehensive network of existing resources.

In the past year, we have worked with the following organizations either as supporting organizations or co-organizers of talks and other events:

- Centre of Medical Ethics and Law, University of Hong Kong
- Chinese Dementia Research Association
- Golden Age Unit of Tung Fook Church
- Hong Kong Joint Council of Parents of the Mentally Handicapped
- Hong Kong Monetary Authority
- Institute of Active Ageing (IAA), Hong Kong Polytechnic University
- Special Needs Trust Office
- WINGS Hong Kong

易齡智研學會
The Chinese Dementia Research Association Ltd

活化腦袋新方向

題目及講者

非侵入性腦刺激對認知功能有沒有幫助?
林翠華教授 (香港中文大學醫學院精神科學系)

如何在虛擬世界提升認知健康?
黎浩然博士 (英國諾桑比亞大學醫療及生命科學院)

日期: 2021年8月19日 (星期四)
時間: 下午1:00-2:15 (請提早10分鐘進入會議)
地點: ZOOM直播 (名額有限, 先到先得)
報名: 請掃描二維碼填寫報名表

免費 免費先登記

協辦機構: Institute of Active Ageing 活動學院, MIPCRC

www.cdara.org.hk

決策能力對我們日常生活重要嗎?

日期: 2021年4月22日 (四)
時間: 下午3:00 - 4:00
地點: 臉書直播
講者: 梁琳明醫生
(精神科專科醫生、前香港醫學會委員成員)

屆時將會問答提問, 憑場參與之觀眾可獲得活動學院送出的精美禮品一份

內容:
「醫生, 我的媽媽患有認知障礙症, 她已想不起銀行戶口的密碼, 怎辦?」「爸爸已80多歲, 他說就算是醫生懷疑有腫瘤, 他也不想做任何侵入性的檢查和治療, 但媽媽和其他兄弟姊妹不同意, 應從從哪位的決定?」「先生突然暈倒, 醫生說是腦出血, 需要做緊急腦部手術, 但他根本不明白醫生跟他講解的手術內容, 也無可能簽手術同意書, 怎辦好?」以上的情況都牽涉到當事人的「精神行為能力」。疾病和意外往往防不勝防, 令自己和家人萬分彷徨而我們可以做哪些準備以保障「題目」的自己或患病的家人?

協辦機構: The Hong Kong Academy for Applied Social Sciences, Institute of Active Ageing 活動學院, WINGS, MIPCRC

3400 8570 dhaw@polyu.edu.hk 香港理工大學活動學院 精神健康發展中心

照顧家庭財政的重要文件

日期: 2021年6月10日 (四)
時間: 上午11:00 - 12:00
地點: Zoom直播
講者: 關天敏大律師

屆時將會問答提問, 憑場參與之觀眾可獲得活動學院送出的精美禮品一份

內容:
講座將講解兩種照顧家庭財政的重要文件: 遺囑及持久授權書。講座將會探討: 是否每個人都要做平安紙、做平安紙要留意的事宜、做平安紙時要注意的精神狀況、為什麼有些授權書要「持久」、而當沒有精神能力時, 如何處理財政。

直播連結:
https://polyu.zoom.us/j/97163417311
會議號: 971 6341 7311
密碼: 856851

協辦機構: The Hong Kong Academy for Applied Social Sciences, Institute of Active Ageing 活動學院, WINGS, MIPCRC

3400 8570 dhaw@polyu.edu.hk 香港理工大學活動學院 精神健康發展中心

Zoom 直播講座

如何管理無決策能力人士的財產?

- 萬一家人突然失去決策能力, 如何可以動用他的資產支付醫療開支?
- 監護人是否可以處理失去決策能力人士的財產?
- 如果租客因業主失去決策能力而不繳交租金, 可以如何處理?

日期: 2021年8月18日 (星期三)
時間: 上午11:00 - 中午12:00
講者: 黃德瑞律師 (Ms. Hazel Wong)
精神健康資訊匯聚法律顧問

報名方法: 請網上登記 (Zoom 連結會以電郵或 WhatsApp 確實)
截止日期: 8月13日 (星期五)

9733-9611 | https://www.facebook.com/wingshk2011



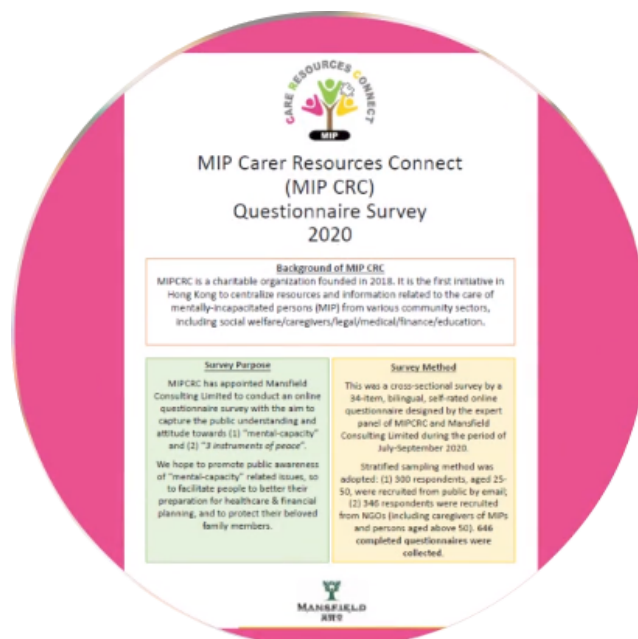
SURVEYS AND UPCOMING PROJECT

MIPCRC SURVEY 2020

We commissioned professional consultants to conduct a questionnaire survey in mid-2020 ascertaining the public understanding and attitude towards (1) “mental capacity” and (2) “3 Instruments of Peace” with over 600 completed responses. The “3 Instruments of Peace” are the Enduring Power of Attorney (EPA), Advance Directives (AD), and Will. These are important legal and medical tools used to plan and prepare for our future financial and medical needs.

The results showed that:

- less than 20% among persons who have lost their mental capacity have prepared any one of the "3 Instruments of Peace" when they were mentally competent;
- 53% of family caregivers are concerned about making medical decisions for family members who have lost their mental capacity.
- 44% of family caregivers are concerned about paying for the daily care and expenses of family members who have lost their mental capacity.
- 30% of family caregivers are concerned about handling finance on behalf of family members who have lost their mental capacity.
- Over 70% of the respondents will consider making at least one of the "3 Instruments of Peace" after completing the survey



UPCOMING PROJECT

Feasibility Study for the establishment of a Central Depository for the "3 Instruments of Peace" - Wills, Enduring Powers of Attorney and Advance Directives in Hong Kong

MIPCRC proposes to establish a Central Depository for Wills, Enduring Powers of Attorney, and Advance Directives.

As part of the feasibility study for this proposal, MIPCRC has engaged professional consultants to conduct a further survey on public views and the need for such a depository in Hong Kong.

MIPCRC will also engage academic researchers to prepare a comparative study on other jurisdictions.

With the comparative research on other jurisdictions and survey results, we hope to be able to prepare a proposal for a thoughtfully designed and user-friendly Central Depository for these important documents in Hong Kong and provide protection and peace of mind to the public.

**You are invited to
participate in our survey
(by end of Oct 2021)**



PUBLICATION

MIPCRC Chairman Ms. Sherlynn Chan published A Practical Guide to Mental Health Law in Hong Kong in 2019 and its Chinese version in 2021. The guide is intended to raise general awareness of mental health law so that carers and professionals who work with special needs persons will have support and practical guidance as to how and when to seek legal assistance.



PRESS RELEASE

2 December 2020



What are the “3 Instruments of Peace”?

How to Relieve Stress for Caregivers of Mentally Incapacitated Persons (MIP)?

**Hong Kong’s First NGO to Focus on
MIPs and their Caregivers**

Official Launch of MIP Care Resources Connect (MIPCRC)

MIP Care Resources Connect (MIPCRC) – Hong Kong’s first charitable organization focusing on the needs of mentally incapacitated persons (MIPs) —conducted a questionnaire survey in mid-2020 to ascertain the public understanding and attitude towards (1) “mental capacity” and (2) “3 Instruments of Peace”. The “3 Instruments of Peace” (i.e. Enduring Power of Attorney (EPA), Advance Directives (AD), and Will) are important legal tools used to plan and prepare for our future financial and medical needs, and for the protection of family members who are MIPs.

There were 646 participants in the survey which revealed two important findings. Firstly, 80% of respondents have thought about the risk of becoming a MIP due to illness or accident. However, only 13% have planned ahead for such by making the “3 Instruments of Peace”. The main reason for this low percentage was the lack of knowledge: 66% and 41% of respondents had not heard of EPA and AD, respectively. Secondly, as far as family members of MIPs are aware, less than 20% of MIPs had created the “3 Instruments of Peace” when they had the decision-making capacity to do so. The three major concerns shared by family members of MIPs without “3 Instruments of Peace” were: (1) making the medical decisions (53%), (2) paying for daily care and living expenses (44%), and (3) handling finances (30%) on behalf of the MIP.



Dementia is the major cause of mental incapacity (i.e. loss of decision-making capacity). According to Hospital Authority's estimates, around 20-30% of Hong Kong residents aged 80 or above suffer from dementia. By 2039, it's estimated that there will be 333,000 people with dementia. We do expect an exponential increase in the population of MIPs. Another group of MIPs is children with developmental impairments and other special needs. Up to now, there is the absence of a holistic care strategy for MIPs and support to their caregivers in Hong Kong.

Since its incorporation in 2018, MIPCRC has been steadily promoting awareness of mental health and capacity issues through community education and knowledge sharing. In addition to delivering a series of seminars organized by various NGOs, the founding members have also given talks and webinars to various government departments and banking institutions despite the Covid-19 situation.

On 27 October 2020, MIPCRC held its Inauguration Ceremony and Symposium in Hong Kong Arts Centre's Shouson Theatre, which was officiated by the Honorable Mr. Bernard C. Chan, GBM, GBS, JP, Chairman of the Hong Kong Council of Social Service. In his speech, he said, "MIPCRC is a very special organization. With the ageing of Hong Kong's population, more and more people will benefit from their services. Many Hong Kong people need the information and services they provide. I'm very happy and honoured to be able to participate in the inauguration of MIPCRC today in these extraordinary times."

Prior to the event, MIPCRC Ambassador, renowned actress Teresa Mo (毛舜筠) was presented with a souvenir in recognition of her contribution by MIPCRC Chairman Ms Sherlynn Chan. When Teresa was invited to be MIPCRC's Ambassador, she accepted without a second thought. "In the 2018 film "Tomorrow is Another Day (Chinese: 黃金花)", I played the mother of an autistic child. That's probably why I'm seen as a like-minded supporter of MIPCRC, and so I'm happy to take on this mission" said Teresa.

Following the Inauguration Ceremony, MIPCRC held its first Symposium on "Legal, Financial and Medical Perspectives on Mental Capacity". Experts speaking on the three areas included: Professor Linda Lam from the Department of Psychiatry at The Chinese University of Hong Kong, The Honourable Mr Justice Mohan Bharwaney, SBS of the Court of First Instance of the High Court, and Ms Karen Ip, Associate General Counsel, Legal Department of HSBC. Participants were able to gain a deeper understanding of issues related to mental capacity. During the symposium, Vice-Chairman of MIPCRC Professor Teresa Tsien reported on the findings from the latest online survey. Mrs Goretti Cheuk, Chairwoman of The Hong Kong Joint Council of Parents of the Mentally Handicapped also shared her experiences as a caregiver.

ACTIVITIES IN 2020-21

2 Oct 20
Zoom Workshop
No. of Participants: 198
Faculty of Law, HKU

Advance Directives Across
Asia
Workshop Day 2
Title: The Practice of
Advance Directives in Hong
Kong - a Legal Perspective
by Ms. Sherlynn Chan

27 Oct 20
Hybrid
No. of Participants: 626
MIP Care Resources
Connect Symposium

Legal, Financial and Medical
Perspectives on Mental
Capacity
by Prof. Linda C. W. Lam,
The Honourable Mr. Justice
Mohan Bharwaney, SBS,
Ms. Karen Ip,
Caregivers Sharing Session
by: Mrs. Goretti Cheuk,
Ms. Celeste Yu, and
Ms. Frances Wong

29 Oct 20
Virtual webinar
No. of Participants: 145
The Hang Seng University of
Hong Kong

Hong Kong as an Aged
Society: Challenges and
Opportunities
by Prof. Teresa Tsien

11 Nov 20
Virtual webinar
No. of Participants: 152
Monash University
Fourth Gerontechnology
Symposium 2020

Gerontechnology: Solutions
to active ageing in Hong
Kong?
by Prof. Teresa Tsien

12 Jan 21
Virtual webinar
No. of Participants: 117
Faculty of Law, HKU

Special Need Trust
特殊需要信託知多D
法律專題講座
by Ms. Sherlynn Chan

30 Jan 21
Virtual webinar
No. of Participants: 1,738
Wings HK
10th Anniversary Ceremony*

如何善用我們的焦慮
by Dr. Jess Leung

17 Apr 21
Hybrid
No. of Participants: 252
HK Joint Council of Parents of
the Mentally Handicapped *

Seminar on Understanding
People with High Functioning
Autism: Reality vs Challenges
by Speakers invited by
HKJCPMH



*- Co-organized with MIPCRC

ACTIVITIES IN 2020-21

22 Apr 21

Virtual webinar

No. of Participants: 980

The Hong Kong Polytechnic University

Institute of Active Ageing*

Seminar on the importance of decision-making capacity to our daily life by Dr. Jess Leung

26 Apr 21

Virtual webinar

No. of Participants: 103

Young Fellows Committee of the Hong Kong College of Psychiatrists

Sharing by Dr. Jess Leung

28 Apr 21

Virtual webinar

No. of Participants: 55

Golden Age Unit of Tung Fook Church

Introduction of the 3 instruments of peace (EPA, CPA and Will) by Ms. Hazel Wong

11 Jun 21

Virtual webinar

No. of Participants: 176

The Hong Kong Poly University Institute of Active Ageing*

Important documents for taking care of family finances: Will and Enduring Power of Attorney (EPA) by Ms. Thelma Kwan

16 Jul 21

Virtual webinar

No. of participants: 430

Hong Kong Academy of Law

Mental Capacity Seminar by Ms. Sherlynn Chan

29 Jul 21

Virtual webinar

No. of participants: 170

HK Monetary Authority & HKAB

Sharing by Dr. Jess Leung and Ms. Sherlynn Chan

18 Aug 21

Virtual webinar

No. of participants: 105

Wings HK Annual General Meeting*

如何管理無決策能力人士的財產 by Ms. Hazel Wong

19 Aug 21

Virtual webinar

Number of participants: 145

The Chinese Dementia Research Association (CDRA)*

New Technologies for persons with cognitive impairment by Prof. Linda Lam and Dr. Frank Lai



*- Co-organized with MIPCRC

***We need your support
to connect further!***



www.mipcrc.org.hk



info@mipcrc.org.hk

